

118 Division Street, Elizabeth, NJ 07201, phone: (908) 352-2989, fax: (908) 354-1433, www.sjeliz.org

## Emergency Food Bag Shopping List - please check off what you purchased and attach list to the bag. Please double bag!

Soups - Ready to eat (2)
Fruit: cups, pouches, or cans (2)
Peanut butter (1)
Jelly (1)
Beans (2)
Pasta or Rice (2)
Pasta Sauce (1)
Canned fish & poultry (2)
Canned vegetables (2)
Granola Bars, Nuts, or Trail Mix (2)
Shelf Stable Milk (1)
Crackers (1)
Cereal/Oatmeal (1)
Macaroni & Cheese (2)

## Thank you for sharing your blessings!